



Dear Parents,

On Wednesday, May 4th, the ninth grade will depart for Cape Cod for a three day class trip. The purpose of the trip is to supplement and reinforce the Biology curriculum, as well as to provide some down time and bonding opportunities for the freshman class.

Enclosed you will find an itinerary for the trip, a list of important phone numbers, as well as a suggested packing list. We will depart from the Academy at 8:00 am on Wednesday, May 4th and offer one additional pick-up at the Big Y parking lot in Greenfield at 8:30 am. Our anticipated time of return to the Academy is 5:15 pm on Friday, May 6th (Big Y at 4:50 pm). Students will be instructed to call home when we reach Springfield to give a more accurate arrival time.

Our accommodations on Cape Cod will be at the Quality Inn in Hyannis. We will take part in many outdoor activities, including an outdoor volunteer work opportunity and a whale watch, so versatile clothing and footwear is necessary. Please refer to the enclosed list of items to pack.

Students will need to bring a lunch for the first day of travel, and a small supply of non-perishable snacks are recommended. Students should plan to bring pocket money (at least \$40) to purchase three meals during the trip, in addition to any snacks and shopping they might have in mind. Breakfast each morning is complimentary at the Quality Inn, and some meals (as indicated below in the itinerary) will be covered by allotted class funds.

The chaperones for this year's trip will be Will Miller, Donald Young, and Charlene Neeley. If you have any immediate questions, comments, or concerns, please feel free to contact any of us via email or phone. We're really looking forward to the trip! Thanks so much for your continued support.

Regards,

Will Miller, Donald Young, and Charlene Neeley

FIND YOUR VOICE. SPEAK YOUR MIND.

Phone Numbers

Will Miller	(413) 652 9343
Donald Young	413 406 6583
Charlene Neeley	(413) 625 6750
Quality Inn Cape Cod (Hyannis) 1470 Lyannough Road, Hyannis, MA, US, 02601	(508) 815 4818
Long Pasture Wildlife Sanctuary 345 Bone Hill Road Barnstable, MA 02637	(508) 362 7475
Hyannis Whale Watcher Cruises 269 Millway, PO Box 254, Barnstable, Massachusetts 02630	(508) 362 6088
WHOI Exhibit Center 15 School Street Woods Hole, MA 02543	(508) 289 2700

Itinerary

Wednesday 5/4/16	
8 am	Departure from Academy
8:30 am	Departure from Big Y
11:45 - 3:30 pm	Long Pasture: bag lunch, volunteering and field walk
4 pm	Check-in and down time at Quality Inn
Evening	Dinner near Craigville Beach (Students pay for this)
10:30 pm	Lights out

Itinerary

Thursday 5/5/16	
8 am	Wakeup and Breakfast at Inn
9 am -10:30 am	Beach Time (museum time if raining)
10:45 am	Arrive for Whale Watch at HWWC (lunch on boat)
5 pm- 9pm	Shopping and Dinner; Downtown Hyannis (Students pay for this)
10:30 pm	Lights out

Friday 5/6/16	
7:30 am	Wakeup and Breakfast at Inn
9am	Tour, exhibits, and aquarium visit; Woods Hole Oceanographic Institute
11:30	Lunch spot TBD (Students pay for this)
12:30 pm	Depart for New Bedford Whaling Museum
2 pm	Depart for home
4:50 pm	Big Y drop-off
5:15 pm	Arrival at AAC

Cape Cod Suggested Packing List

We will be on the trip for two nights and three days, so you should plan to have an appropriate number of changes of clothes. Let's hope for the best with regard to the weather... and plan for the worst. Please note: even if the extended forecast looks promising, we will be spending a great deal of time in exposed areas along the coast and at sea. Dress for New England in early May!

The following items are recommended for the trip:

- 1 pair of basic work gloves
- 1 pair of sneakers
- 1 pair of rubber boots (optional) or shoes that can get wet
- 1 pair of "Teva" like sandals (and not flip flops)
- 1 raincoat or windbreaker
- 1 pair of wind/rain pants
- 1 warm polar fleece pullover or jacket
- 1 polar fleece vest or thin, lightweight shell
- 1 set of long underwear (lightweight) tops and bottoms
- 4 pairs of wool socks... or socks of comparable fabric
- 2 pairs of long pants, including one pair of work pants
- 1 bathing suit
- 2 pairs of shorts
- 1 sun hat (with visor)
- 1 fleece/winter hat
- 1 pair of lightweight gloves
- 2 t- shirts (polypropylene)
- 2 long- sleeved t- shirts (polypropylene)
- Sunglasses
- Flashlight or headlamp
- Water bottle
- Daypack (small)
- Sun block
- Toiletries
- 1- 2 plastic trash bags
- Snacks
- Recreational/beach toys (optional)