



FIND YOUR VOICE. SPEAK YOUR MIND.

1359 Route 2 • The Mohawk Trail • Charlemont, MA 01339 • 413.339.4912 • Fax 413.339.4324 • www.charlemont.org

Health – The eighth grade health course examines contemporary issues in world and teenage health. The class starts with a look at Frontline’s *Inside the Teenage Brain* and moves on to study the components of wellness by looking at food and nutrition, the role of exercise and healthy relationships. The rest of the spring focuses on issues that center on students’ questions and interests and current events in health: traditionally these center on reproductive health, tobacco, drugs and alcohol, and multiple topics on HIV/AIDS and other infectious diseases. Students write two three to five page research papers and prepare an oral presentation for spring exhibition in addition to learning how to use a textbook efficiently and effectively.